



The Coordinated Comprehensive Health Solution

How do you utilize CheckMyVitals® at your practice or institution ?

You can use this patented, simple and innovative personalized software as is or customize it to fit your healthcare practice.

- We will customize the software to fit your and your patients' healthy life styles.
- You will not need to buy expensive hardware, we are a complete cloud based solution.
- If you would like to have your patients involved in the plan of care, you would love CheckMyVitals®.
- It is one of the most unique electronic medical record bi-directional connected remote monitoring patient systems available.
- It acts as platform to collect these incoming data but also act as way to engage with end customers with existing resources unobtrusive to workflow.

Who We Are

About Us

According to CDC, in 2019, more than half a million deaths had hypertension as a primary or secondary cause. Only 1 in 4 have their hypertension in control Today, one in three American adults have hypertension or diabetes, representing 77.9 million adults in the US. In order for these millions of patients to manage their disease, they should take regular measurements of their vital signs (i.e. blood sugar, blood pressure, pulse readings), as recommended by their physicians.

The current methods, (usually a longitudinal paper log) for capturing vital sign measurements are cumbersome, inconvenient and don't offer any type of direct connection between patients and physicians. In most cases the collected information doesn't get sorted out perhaps until their next office visit which may be 3 months away, which may diminish the ability of the physician to offer timely services.

This innovative CheckMyVitals "mobile health app" replaces those traditional systems and provided a close to real time establishing a live streaming communication system connecting the patients and their providers.

Contact Us

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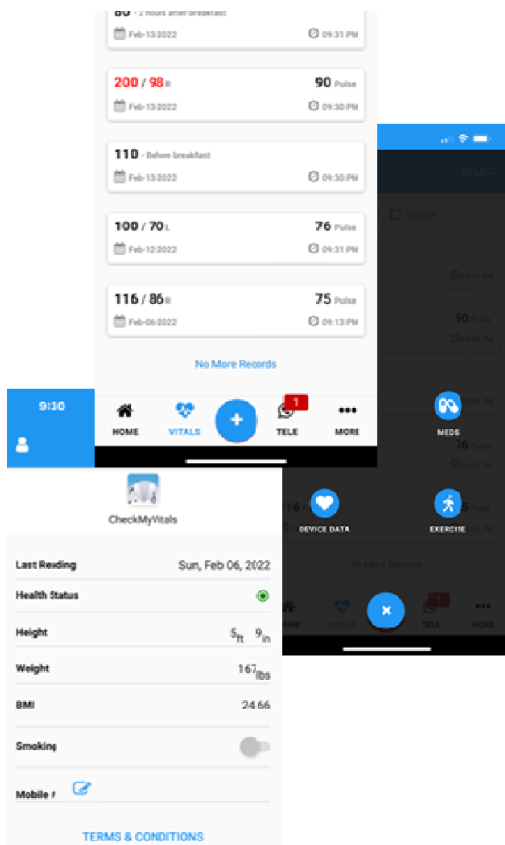
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CHECKMYVITALS®
A COMPREHENSIVE PATIENT-CENTERED CLOUD BASED SOLUTION

**U.S. PATENT
10719583**

*Control your health from your
own home*



What is unique about CheckMyVitals®?

Here are some of the very few features ...

- Dynamically socially generated information staggard with continuous, situational, cyclical, impulsive and fixated activity.
- Interactive data providing a relevant network of information, a subset modeled within the EMR to extract evolving risk attributes in chronic diseases.
- Socially collected structured data with features gathered in the clinics.

There are more than 2000 patients and growing, using this application today. It would be very hard to fit what our patients and providers have to say in this small space, but we decided a couple of our patients' feedback.

Think again! Patients need their health on an improvement path, or they would just keep the healthcare system survive!

Tim W.: This app has been a real eye-opener to me. I'm a newly diagnosed Type 2 Diabetes and with the APP I've been able to track my readings and watch how my lifestyle choices impact the numbers. I feel connected with my physician and feel personally accountable to make sure my blood sugar readings are in line with the guidelines he has given me. For the first time in my life, I feel in control of my health!

Salvatore R.: Thank you, Even though I don't get to see the doctor in the office as much, I am so happy to have my life back. I've had high blood pressure for over 20 years and it is scary. Now I take my blood pressure at home, and send you readings through the app, and together we've gotten it under control. I am less stressful and my wife says I'm a happier person and easier to live with.

Get the results your patients' they deserve

Be part of this change in healthcare today and create a model for your providers and patients to prevent the deadly diseases like Diabetes and Hypertension !

What else can CheckMyVitals® do for you?

In addition to enabling patients instantly feel empowered to manage their own disease, patients quickly learn the cause and effect of their readings as it relates to their disease along with the value of testing accurately and often.

When patients and physicians use CheckMyVitals®, a two-way system of communication between the patient and provider is achieved, which fosters teamwork, quality care, informed communication, and accurate treatment for improved disease management between the patient and physician.



Providers and Staff offer the most comprehensive HealthKit solution to the patients

We have now added multiple other management modules for Diet, Exercise, Sleep and Mental Tests, Environmental, , Family, Social and demographic factors, and many more...

Other CheckMyVitals® Functions and Services

- The Weekly vitals summary report is systematically assembled in sequence and easily identified in the EMR during clinic visit or other types of encounters.
- Some of the key vitals collected are blood pressure, blood sugar, pulse, height, weight, smoking status, diet, exercise and other information.
- Now, we also bring in data from external Bluetooth devices like the smart watches, or bluetooth personal vital sign devices.
- A start for cumulative BP load detection rather than staggard single assessment.
- Systematic designing patient generated data as discrete interpretable data sets and distribution to all stakeholders inclusive of patient supports understanding of its value from end to end.
- Blood pressure variability is a missed variable, much-needed component in BP management and trend detection, hence proving the theory - not all medications have same effect on BP variability.
- Incorporation of BP and pulse at its minimum acts as gate keeper for any knock-knock digital interaction.
- This bidirectional platform is designed to assist personalized interaction at any time and also broadcast to the complete population relevant messages like access to special services, vaccination, healthy diet and other key health related issues.